

Saving Lives Through Innovative Research Strategies

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#### 1. Purpose

- 1.1 The purpose of this Standard Operating Procedure (SOP) is to ensure that all Clinical Research Sites (CRS) follow a standardized process of obtaining regulatory approval to conduct medical research in Zimbabwe.
- 1.2 It functions to guide Clinical Research Site (CRS) staff in preparing regulatory documents for submission to the various regulatory authorities and Institutional Review Boards (IRBs).
- 1.3 Specifically, the purpose is to seek institutional and regulatory approvals from regulatory bodies including Ministry of Health and Child Care, Harare City Council, Chitungwiza City Council, Parirenyatwa Hospital, Zimbabwe National Family Planning Council, Joint Research Ethics Committee, Medical Research Council of Zimbabwe, Medicines Control Authority of Zimbabwe, Research Council of Zimbabwe, University of California San Francisco Committee on Health Research, University of Zimbabwe Clinical Trials Research Centre Institutional Biosafety Committee and National Biotechnology Authority of Zimbabwe as required(ZNFPC), JREC, MRCZ, MCAZ, RCZ and UCSF CHR, UZ-CTRC IBC & NBAZ

#### 2. References

- 2.1 Charter for the UZ-CTRC Institutional Biosafety Committee
- 2.2 National Biotechnology Authority Act [Chapter 14.31]
- 2.3 Health Professions Act. Act 6/2000, 22/2001 (s. 4), 14/2002 (s. 43), 28/2004 (s. 29) Zimbabwe (2004)
- 2.4 https://osp.od.nih.gov/wp-content/uploads/NIH\_Guidelines.pdf
- 2.5 www.nbaz.ac.zw
- 2.6 UZ-CTRC Document and Specimen Storage, Retention and Disposal SOP Version 7.0 dated February 2021
- 2.7 ICH-GCP guidelines E6 (R2) dated March 2018
- 2.8 MCAZ GCP guidelines Revision 2 dated 30 June 2020
- 2.9 http://www.rcz.ac.zw/
- 2.10 http://www.mrcz.org.zw/
- 2.11 <a href="http://www.jrec.uz.ac.zw/">http://www.jrec.uz.ac.zw/</a>
- 2.12 http://www.mcaz.co.zw
- 2.13 https://irb.ucsf.edu/submitting-covid-19-research-irb-new-studies-modifications
- 2.14 <a href="www.fda.gov/ScienceResearch/SpecialTopics/RunningClinicalTrials/GuidanceInformationSheetsandNotices/ucm219">www.fda.gov/ScienceResearch/SpecialTopics/RunningClinicalTrials/GuidanceInformationSheetsandNotices/ucm219</a> 433.htm
- 2.15 <a href="https://www.hhs.gov/ohrp/regulations-and-policy/guidance/alphabetical-list/index.html">https://www.hhs.gov/ohrp/regulations-and-policy/guidance/alphabetical-list/index.html</a>

#### 3. Scope

This SOP applies to all staff involved in the generation of communication with regulatory bodies, these include but not limited to Regulatory Officers, IoRs, PoRs and CRS Coordinators. This SOP applies only to the processing of applications to be made that affect study conduct, the obligations of the CRS to the study networks/sponsors, the safety of participants, study results, data management, and subject matter relevant to meeting regulations of the FDA in-country regulations on clinical trials, ICH Guidelines, NIH requirements and any other sponsor required guidance.

The SOP is applicable to all research studies affiliated to or operating under the UZ-CTRC. The SOP will be used during a study's preparatory phase before contact with participants, during the study's activation, enrolment, follow-up till study close-out as appropriate and applicable.

#### 4. Allowable Exceptions

This SOP is meant to be followed without deviation. However, it is an allowable exception to follow procedures specified in a protocol or Study Specific Procedure Manual (SSP) that may deviate from this SOP.

#### 5. ABBREVIATIONS AND DEFINITION OF TERMS

CRS Clinical Research Site
CRO CTU Regulatory Office
CTU Clinical Trials Unit
CV Curriculum Vitae
DAIDS Division of AIDS

DHHS Department of Human Health Services
DPRS DAIDS Protocol Registration Services
DSMB Data and Safety Monitoring Board

EC Ethics Committee

FAQ Frequently Asked Question/s
FDA Food and Drug Administration, USA

GCP Good Clinical Practices
IB Investigator's Brochure

IBC Institutional Biosafety Committee
ICF Informed Consent Form(s)
IEC Institutional Ethics Committee

IoRInvestigator of RecordIRBInstitutional Review BoardIoRInvestigator of RecordIRBInstitutional Review Board

JREC Joint Research Ethics Committee for the University of Zimbabwe, Faculty of Medicine and Health Sciences and

Parirenyatwa Group of Hospitals

MCAZ Medicines Control Authority of Zimbabwe

MoHCC Ministry of Health and Child Care

MRCZ Medical Research Council of Zimbabwe

NBAZ National Biotechnology Authority of Zimbabwe

NIH National Institutes of Health, USA
OCSO Office of Clinical Site Oversight
OHRP Office of Human Research Protection

PoR Pharmacist of Record Principal Investigator

RCZ Research Council of Zimbabwe

STA

Specimens Transfer Agreement

UCSF CHR

University of California, San Francisco Committee on Human Research

**ZNFPC** 

Zimbabwe National Family Planning Council

#### **Initial Application**

Initial application is the first application submitted for a protocol which has not yet gone through the process of review by an IRB or a regulatory authority.

#### Renewal Application

An approved protocol that requires continuing review approval by an IRB or a regulatory authority not more than 12 months after the initial approval.

#### **CRS Regulatory Team**

This is a team situated at a CRS composed of the Investigator of Record, Study/CRS Coordinator, Medical Officer(s), Pharmacist of Record, Regulatory Officer (if present), and Administrative Assistant (if present). Note: A team leader should always be appointed for accountability per protocol (usually the IoR.)

#### 6. Role and Responsibilities

Responsibility	Role
Central Regulatory Officer	<ul> <li>Making submissions to regulatory bodies on behalf of loR</li> <li>Developing tracking systems for all regulatory submissions and responses</li> <li>Review of application packages and approval letters for accuracy, completeness and quality.</li> <li>Track all required approvals to ensure all protocols have valid approvals at all times.</li> <li>Support the PI and loR to finalize the Regulatory Work Plan document.</li> <li>Raise payment request(s) for all regulatory bodies and Institutional Review Boards and indicate the timeline for payment to each.</li> <li>Perform Quality Audit Checks on master file documents.</li> <li>Prepare required files for IRB/Regulatory submission</li> <li>Follow up of submissions.</li> <li>Ensuring that reminders for renewal applications are sent to loR, Coordinators and other designated key staff. Use of automated reminders and follow up emails can be utilized.</li> </ul>
Principal Investigator	<ul> <li>Overseeing the regulatory submissions process</li> <li>Assigning tasks to competent staff in support of the regulatory submission process</li> <li>Ensure all protocols have valid approvals at all times.</li> </ul>
loR	<ul> <li>Preparing submissions to regulatory bodies</li> <li>Assigning tasks to CRS team</li> <li>Ensuring that protocol implementation is only commenced following receipt of regulatory approvals</li> </ul>
Administrative Assistants	Assisting the loR and CRO with administrative tasks in preparing regulatory applications
CTU Coordinator	<ul> <li>Overseeing the regulatory submission process to ensure submissions made are of acceptable standard, are complete and accurate</li> </ul>

Quality Affairs Manager	Ensuring that Shipment transfer Agreements are available for submission to regulatory body(ies)

#### 7. GENERAL GUIDANCE

IRB/ Regulatory Authority Application Process

- 7.1 Submissions can be stratified into initial submissions, interim submissions, renewals, and close-out.
- 7.2 All submissions are the responsibility of the loR
- 7.3 Please ensure that the correct letterhead is used for all submissions
- 7.4 Prior to any research activity being conducted it is a requirement that the relevant IRB and regulatory authority approvals be in place.
- 7.5 The Office of Human Research Protections (OHRP) requires that all federally funded research studies undergo continuing IRB/EC review at intervals appropriate to the degree of risk, but NOT LESS than once per year within 30 days of each IRB/EC continuing Review meeting where study was approved.
- 7.6 If review of any protocol is deemed necessary by IRB/EC at any interval of less than one year, then required timeframes of review (3-month, 6 months, etc.) will be noted on the approval letter at the time of initial review.
- 7.7 The renewal is expected to be in place preferably prior to or on the date of expiry of the current approval to avoid a lapse in approval. Lapses in approvals:
  - 7.7.1 Per the DHHS regulations 13 and OHRP guidance on continuing review, if there is a lapse in continuing review (i.e., If an investigator has failed to provide continuing review information to their IRB/EC or the IRB/EC has not reviewed and approved a research study by the Continuing/Annual review date specified by the IRB/EC), the research at the CRS must stop, unless the IRB/EC finds that it is in the best interest of individual participants to continue participating in the research interventions or interaction. Enrollment of new participants cannot occur after the expiration of IRB/EC approval(s).
  - 7.7.2 CRSs should contact their DAIDS Office for Clinical Site Oversight (OCSO) representative and/or DAIDS Program Officer when there is any lapse and for additional guidance and information.
  - 7.7.3 CRSs should submit IRB/EC lapse documentation (i.e., the site's documentation of the lapse to the IRB/EC and the IRB/EC's response) to the DAIDS PRO.
- 7.8 If the current approval expires before the investigator applies for continuing review the IRB must be immediately notified for guidance.
- 7.9 All protocols must be renewed on a yearly (unless specified) basis even if participants are no longer being seen and/or only data is being analysed until the close out report is submitted to the IRBs and regulatory authorities
- 7.10 It is generally advised to submit initial applications at least four weeks prior to the next IRB meeting date.
- 7.11 With any application should the IRB or regulatory authority raise queries, CRSs are advised to respond to these queries in 7 days (if this is not possible sites should document the reasons and communicate with the CRO)
- 7.12 It is strongly recommended that all MRCZ renewal applications are submitted 12 weeks prior to expiry of current approval
- 7.13 Central Regulatory Office to make follow-up on all applications to the different regulatory bodies
- 7.14 For all submissions retain a stamped copy of submission package for your records. However, if for any reason, submission has to be made online or via email, an email submission print out can be used as evidence of submission. The email submission should be done from the Central Regulatory Office copying the relevant CRS coordinator, administrative assistant and any other designated person. Ensure that the email submission text is concise and specific. The subject line of the email should reflect what is being submitted in the body of the email.

- 7.14.1 Please note ALL reviewed and finalized submissions with signatures should be converted to PDF and be sent to 'regsubmissions@uz-ctrc.org.'
- 7.15 Once approval letters have been received from JREC, MRCZ, MCAZ, RCZ and IBC & NBAZ (where applicable) the stamped approval letters should be uploaded within one week to: DAIDS Protocol Registration Office if the protocol is NIH funded. Commercial, industry and other Non- NIH funded protocols must follow sponsor requirements to complete the protocol registration process for site activation.
- 7.16 ALL regulatory/ IRB study submissions should be done from the Regulatory Office for accountability, centralized tracking and quality control. In cases where the CRO or designee is unavailable, applications can be submitted by site (admin assistant, coordinator, IoR, PoR or PI) but the CRO must be notified and copied in such email correspondence.
- 7.17 Where required, application fees should be made in consultation with the current fee schedules for the regulatory bodies.
- 7.18 Where an Investigator is a member of a regulatory body, recusal letters should be obtained to verify that they were not part of the review.
- 7.19 It is advisable for sites to circulate draft submissions copying CRO to ensure that review before finalization is all inclusive.
- 7.20 Submissions to IRBs / Regulatory authorities will be made on days and times as stipulated by the bodies. CRO will provide updates CRSs of any changes in submission times as advised by the regulators. of Unless otherwise directed,

#### Note:

- Ministry of Health and Child Care support letters are required for health research conducted in the country.
- It is important to note that, the Regulatory System in Zimbabwe is a stepwise process.
- Approval from institution where the research will be conducted should be sought first followed by JREC and IBC (where applicable).
- Simultaneous initial submissions can be made to MRCZ, MCAZ, NBAZ (where applicable) except for RCZ which requires prior
  regulatory approvals before accepting application. Where regulatory bodies raise comments which affect documents such as
  ICFs, Implementation materials, it is advisable to defer response to all bodies until a time where all comments are available so
  that revisions to materials can be done at once across all regulatory bodies.
- Ensure that the final approved protocol, Informed Consent Forms, Data Collection Instruments and all relevant materials are
  affixed with an MRCZ approval stamp before use. On the consent documents, please ensure that all pages which include the
  signature portions are affixed with an approved stamp.
  - NB:- There is no need to obtain the 'APPROVED' stamp from other regulatory bodies on protocol documents

#### 8. INITIAL APPLICATIONS

#### <u>Pre-Submission Preparations</u> Background

- There are multiple steps necessary to collect all documentation required for submitting a new protocol to the regulatory authorities.
- Some steps may not apply to a protocol. The order of steps may vary, by protocol needs, or may begin simultaneously.
- The individuals assigned to work on specific steps may differ by protocol and by site preference.
- The underlying principle is that the process of preparing the regulatory submissions should be planned, coordinated, and monitored
  to maximize efficiency and address any anticipated matters likely to be gueried by reviewers.
- This section outlines what the required steps may be, indicating an approach to developing a work plan and how that plan could be executed and monitored.

#### 8.1 Pre-submission Activities for CRS Regulatory Team

#### 8.1.1 Assemble Protocol documents.

- a. In general, the protocol team releases the protocol materials by email to the key staff e.g. CTU PI, CRS Leader, CRS Coordinator
- b. For studies being conducted within multiple sites, the person to be the local lead Principal Investigator for the protocol is assigned by the CTU and site leadership and carries ultimate responsibility for assembling the required protocol documents. Subsequently, site Investigators of Record/designees are assigned.
- c. It is usual to receive in the initial release the following protocol documents:
  - Protocol
  - ICFs
- d. IoR to request from the protocol team any additional protocol documents required to complete regulatory submissions. These may include the following:
  - FAQs
  - · Consent comprehension quiz
  - · Questionnaires that will be administered to the participants.
  - Other study implementation materials e.g., adverts, brochures, specimen collection instructions, tools for home use, laboratory, and study product information.
  - Section 5 below presents a template form to communicate with the protocol team about these pre-submission needs.
- e. Create site specific ICFs for translation, as per Part 3 below.
- f. Create an electronic store of protocol documents accessible to the team working to prepare the regulatory submissions (e.g.: on an external hard drive, network folder, Microsoft SharePoint or Dropbox).
- g. The CRS Regulatory team should accumulate Investigator documents required, such as:
  - · PI and IoR professional registration
  - · Pl and loR(s) CVs updated for this protocol.
  - · PI and IoR(s) GCP certificates
  - · PI and IoR(s) declarations for MCAZ

#### 8.1.2 Develop Regulatory Work Plan with CTU Departments

The loR is to distribute the protocol materials received within 5 working days to and convene a round-table meeting with relevant CTU personnel within 10 working days, such as:

#### 8.1.2.1. Local PI and loR(s)/designee

- ✓ Appoint the loR(s) and assign one to coordinate the regulatory submissions with the Regulatory Officer.
- ✓ Appoint a signatory for all payment requests related to regulatory submissions and communicate that to the Head of Finance.
- ✓ Inform protocol team of the IoR in Zimbabwe to serve as the point contact for all communications about this protocol.
- ✓ Develop Stakeholders' Engagement Plan and arrange appointments or communicate with stakeholders who need to supply Letters of Support to accompany regulatory submissions (e.g.: Ministry of Health and Child Care AIDS and TB Director, central hospital Clinical Directors).
- ✓ Send the list of additional documentation required to complete regulatory submissions, per Section 5

#### 8.1.2.2. CRS Leader(s) and CRS Coordinator(s)

- ✓ Support the protocol PI/loR(s) to complete their responsibilities.
- ✓ Identify retention activities that need IRB approval (e.g.: differential participant reimbursement amounts, incentive package)

#### 8.1.2.3. Central Laboratory, Central Pharmacy and Site Heads of Division

Review the relevant information in the protocol and identify additional documentation required to complete regulatory submissions, per **Section 5**.

#### 8.1.2.4. Community Coordinator

Assign a date for the loR to sensitize the relevant Community Advisory Board (CAB) about the protocol and timelines and receive their input about any sensitive issues identified for this protocol.

#### 8.1.2.5 Finance, Grants and CTU Coordinator

- ✓ Verify whether the protocol is listed in the CRS Notice of Award for the financial year and inform the IoR.
- ✓ If it is not listed, write a letter to cover the requirement to submit a study budget and proof of funding.
- Determine the foreign laboratories to receive specimens collected from the protocol.
- ✓ Develop plan for obtaining signed Specimen Transfer Agreements from the recipient laboratories and order of their priorities.

#### 8.1.2.6. Regulatory Office

- ✓ Support the PI and IoR to finalize the Regulatory Work Plan document.
- Raise initial submission payment request(s) for all regulatory bodies and Institutional Review Boards and indicate the timeline for payment to each.
- ✓ Perform Quality Audit Checks on master file documents.
- ✓ Prepare required files for IRB/Regulatory submission
- ✓ Submit and follow up applications

#### 8.1.3. Execute Regulatory Work plan

#### Table 1 (Regulatory workplan)

ITEM	Responsibility	Maximum Activity timeline (Weeks)	Comments
Protocol Summary	IoR/Designee	2	This should present the local PI's plan to implement a multi-site protocol in the context of the current Zimbabwean setting and differs from the Protocol Schema supplied.
Regulatory Body Specific Application Forms	loR/Designee	2	Input from Central Pharmacy, Central Lab and site HODs, as necessary
DPRS Clinical trial Application Form	IoR/Designee	2	This should be submitted together with the application for approval to all regulatory bodies, ie, JREC, MRCZ, MCAZ, RCZ and NBAZ)

Translation	Translation team	2	<ul> <li>IoR and CRS Coordinator assign site staff to review the Shona ICFs, back translate them and reconcile against the English version.</li> <li>The Translation team makes necessary revisions with the site staff input.</li> <li>The final document is formatted, and a version date is assigned.</li> <li>IoR signs the Translation Verification Statement to scan and upload to DAIDS PRO once all regulatory approvals are in place.</li> <li>Translation team forwards completed translation certificates and invoices to the Central Regulatory Office for payment processing</li> </ul>
Specimen Transfer Agreements	IoR/Lab/CTU Coordinator/Q A and QC/CRO	4	Develop STA annexures     Contact recipient labs /protocol teams for developing STA annexures and requesting for signed STAs Send them the RCZ template and annexure
Protocol Team request for additional documents	loR/Designee	N/A	Refer to Section 7.1.5
Reg Submissions tracker	IoR/CRO	1	Refer to Table 2
Request for risk designation	IoR/Designee	2	<ul> <li>Should be signed off by loR.</li> <li>For studies involving minors less than 18 years of age, a separate risk designation request letter should be submitted at initial application. This applies to JREC and MRCZ applications only.</li> <li>For studies involving pregnant women, foetuses and neonates, a separate request for confirmation of whether a study conforms to research involving pregnant women, foetuses and neonates should be submitted at initial application. This applies to JREC and MRCZ applications only.</li> </ul>
Cover letters (Application Letter/Application for risk designation)	IoR/Designee	1	Should be signed off by loR.     For studies involving minors less than 18 years of age, a separate risk designation request letter should be submitted at initial application. This applies to JREC and MRCZ applications only. For studies involving pregnant women, foetuses and neonates, a separate request for confirmation of whether a study conforms to research involving pregnant women, foetuses and neonates should be submitted at initial application. This applies to JREC and MRCZ applications only.

#### 8.1.4. Monitor Progress

In the initial Application process, the Central Regulatory Officer monitors progress in executing the regulatory work plan by updating the regulatory trackers and circulating to relevant CTU personnel monthly via emails and/ or meetings.

#### 8.1.5. Application Preparation

This is the process where site together with CRO consolidates all the work stated above from protocol receipt, inception preparation and planning. Data Collection: Pre-submission input needed from protocol team and sponsor.

If additional documentation is required from the protocol team and sponsor, this need is communicated by the loR to the protocol team upon receipt of the email with the protocol released to the sites. A template of appropriate text for use when drafting a request letter appears below for adaptation to suit the specific protocol. Refer to appendix 6 for template

#### 8.1.6. Setting Submission Timeline Goals and Maintenance of Regulatory Submission Tracker

- The CRO and the Admin Assistant are responsible for developing the Regulatory timelines and submissions tracker/s.
- This tracker is used by the local team to assign target timelines for submission to each regulatory body and assess possible start dates for the protocol.
- It is modified to suit the specific needs of a protocol and team.
- It is updated by both the CRO and Admin Assistants (for comparison) whenever a submission is made (actual submission date), comments are received (comments) or an approval is received (actual approval date).
- It may be shared with the protocol trials specialist to present progress in reaching the regulatory targets and highlight the timeline for receipt of documents that are not available to the site, as per example in the template below. (Look at next section on IRB Application Process when completing this template for guidance when setting dates.)

Table 2 (Regulatory Tracker)

EC/ IRB/ REGULATORY AUTHORITY	TARGET DATE	SUBMISSION	ACTUAL SUBMISSION DATE	TARGET APPROVAL DATE	ACTUAL APPROVAL DATE
Ministry of Health and Child					
Care			E 38		
Chitungwiza City Council					
Harare City Council					
Parirenyatwa Hospital					
UZ IBC					
NBAZ					
UCSF CHR					
JREC					
MRCZ					
MCAZ					
RCZ					

#### 8.2. Initial/New Study Application Requirements

Table 3 (New Study Applications)

Regulatory Body	Required documents	Meeting dates	Submission process	Review timelines	Comments
Ministry of Health and Child Care (MoHCC), Harare City Council, Chitungwiza city Council,	Application letter     Full Protocol     Protocol summary     ICFs and Data     Collection tools for     Chitungwiza City     Council only)	N/A Protocols reviewed on a rolling basis when submitted	Hard copy submission	4 weeks	These are permission granting institutions which provides support and participant access to the UZ-CTRC. Please note that these do not constitute an Ethics Committee

	1				
Parirenyatw a Hospital					3
UZ CTRC Institutional Biosafety Committee	Application letter     Application form     Full protocol     Protocol summary     Investigator's Brochure     Curriculum Vitae(s)     FDA 1572 or     Sponsor/Investigator     Agreement     Other materials     requested	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	4 weeks	The IBC ensures that recombinant and synthetic nucleic acid research conducted at the CTU is in compliance with applicable local and international requirements. All clinical trials that involve study products involving bioengineered molecules, which according to the National Biotechnology Act [Chapter 14:31], NIH Guidelines or any relevant biosafety legislation requires approval by a competent biosafety review committee.
NBAZ Trials Release Application	Same as UZ CTRC IBC but additional requirement is Application fee	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	4-6 weeks	National Biosafety Authority of Zimbabwe is responsible for supervising the contained use, trial release and general release of biotechnology products like GMOs as per the National Biotechnology Act (Chapter 14.31). All protocols involving GMOs e.g. vaccines are regulated by this authority.
NBAZ Facility Registration	<ul> <li>application fee for registration.</li> <li>application form and return</li> <li>Institutional Biosafety manual, if any amendments have been made to the copy approved by NBA</li> <li>Invite the Authority's inspectorate for an inspection audit.</li> </ul>	N/A	Electronic/hard copy submission	4-6 weeks	National Biosafety Authority of Zimbabwe is responsible for supervising the contained use, trial release and general release of biotechnology products like GMOs as per the National Biotechnology Act (Chapter 14.31). All facilities managing GMOs e.g. vaccines are regulated by this authority.
UCSF CHR	<ul> <li>Protocol</li> <li>Informed Consent Form (English and Shona)</li> <li>Investigator's Brochure</li> <li>Package inserts</li> </ul>	N/A	Electronic	8 weeks	This is an independent ethics committee at UCSF. Submissions to UCSF CHR are only applicable for studies where Prof ZM Chirenje or

	Implementation     materials including     Guides, recruitment     materials etc				other UCSF Investigator is a Principal Investigator or Investigator of Record.  Trials being conducted in response to a health emergency qualify for expedited review following set guidelines.
JREC	Refer to appendix 1	Protocols reviewed on a rolling basis when submitted	Hard copy/Electronic submission	4-6 weeks	The JREC is constituted as an independent ethics committee through the Deanery of University of Zimbabwe- Faculty of Medicine and Health Sciences (UZ-FMHS) and the Parirenyatwa Group of Hospitals  Refer to <a href="https://www.jrec.uz.ac.zw">www.jrec.uz.ac.zw</a> for application forms and other requirements
			5		Trials being conducted in response to a health emergency qualify for expedited review following set guidelines.
MRCZ	Refer to appendix 2 If application for exemption from full ethical review, it is only submitted to MRCZ. Exemption requirements are:  Cover letter Full protocol Study summary Permission letters  Studies which qualify for exemption include; use of de identified stored data, use of samples in storage, minimal risk procedures, procedures ordinarily experienced	Last Thursday of every month	Email/hard copy submission	4-6 weeks	This an independent body set up to provide ethical review. It serves as the National Ethics Committee Refer to <a href="https://www.mrcz.org.zw">www.mrcz.org.zw</a> for application forms and other requirements  Trials being conducted in response to a health emergency qualify for expedited review following set guidelines. These include review within 10 working days.

MCAZ	Refer to appendix 3	1 <sup>st</sup> Wednesday of every month	Online application	8-12 weeks	MCAZ is the Drug Regulatory Body in Zimbabwe responsible for review and approval of all clinical trials involving medicines on human participants  Trials being conducted in response to a health emergency qualify for expedited review following set guidelines. These include review within 15-30 days.  Refer to <a href="https://www.mcaz.co.zw">www.mcaz.co.zw</a> Please note the online platform for submission is <a href="https://www.e-ctr.mcaz.co.zw">www.e-ctr.mcaz.co.zw</a>
RCZ	Refer to appendix 4	Last Thursday of every month	Hard copy submissions	4-6 weeks	The Investigator shall also ensure that he/she is registered with the Research Council of Zimbabwe and if the protocol involves any collection and shipment of biospecimens outside Zimbabwe, a bio-specimen shipment permit should also be obtained from the RCZ. According to the Research ACT of 1986 (Chapter 10:22), all foreign researchers must be registered with the Council before commencing any research in Zimbabwe. The council defines foreign researchers as "A non-Zimbabwean citizen who conducts a systematic investigation designed to discover or contribute to generalizable knowledge using specimens/data collected in Zimbabwe" or any person who wishes to conduct research in Zimbabwe on behalf of a foreign institution /person, whether as an employee or otherwise or any local research conducted research funded by a foreign sponsor e.g. NIH of the USA, WHO, UNICEF etc.  The body which regulates the conduct of researches in Zimbabwe

	being conducted by foreign researchers or being conducted in collaboration and on behalf of foreign researchers. RCZ also regulates the shipment of research samples by reviewing shipment applications. We can only submit initial registration application to RCZ when MRCZ, JREC and MCAZ approvals are available
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#### 9. RENEWAL APPLICATIONS

#### 9.1 General guidance

- 9.1.1 Renewal Applications should be instituted well in advance before expiry (refer to table 2)
- 9.1.2 Refer to OHRP guidelines for the avoidance of lapse, maintenance of fixed anniversary dates, scenarios where expedited or full board review is required.
- 9.1.3 Continuing review is required for UCSF CHR, JREC, RCZ and MCAZ even if data analysis or participant follow up is underway
- 9.1.4 Ensure that the correct version and date of the protocol and ICFs is guoted or submitted
- 9.1.5 Ensure required application fees are processed in line with current fee schedules
- 9.1.6 Ensure submission is correctly labelled with submission type, name of PI, Full protocol title, details of contact person)
- 9.1.7 Ensure that correct forms are used.

9.2 Renewal Application Requirements Table 4 (Renewal Applications)

Regulatory Body	Required documents	Meeting dates	Submission process	Submission timelines	Comments
IBC	Cover letter Progress report Biosafety Incident report SAE Log	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	4-6 weeks before expiry	IBC renewal applications are not required if there is no more Investigational Product management or administration being carried out
NBAZ Trial Release and Facility Registration	Cover letter     Renewal     Application     Form     Biosafety     incident     report	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	4-6 weeks before expiry	NBAZ renewal applications are not required if there is no more Investigational Product management or administration being carried out. These requirements apply to both renewal of permits of trial release and the facility registration permits which expire bi annually.

UCSF CHR	Renewal     Application form	N/A	Electronic	8 weeks before expiry	
JREC	Application letter     Application form     Approved Full protocol     Approved Informed Consent Form (English and Shona) where applicable     Request for risk designation for studies enrolling minors     Application	Protocols reviewed on a rolling basis when submitted	Hard copy/Electronic submission	4 weeks before expiry	
MRCZ	Same as for JREC	Last Thursday of every month	Email/hard copy submission	12 weeks before expiry	
MCAZ	Cover Letter     Annual     Progress     report Form	1st Wednesday of every month	Online application/har d copy	At the anniversary of initial approval	Annual reports will be required to be submitted to the Authority in line with Section 23 and 24 of the Medicines and Allied Substance Control Act, as long as the study final report has not been submitted and the study has not been officially closed.
RCZ	Refer to appendix 4	Last Thursday of every month	Hard copy submissions	4-6 weeks before expiry	NB- RCZ renewal Forms are signed by the Dean of UZ FMHS, Registrar of UZ and VC of UZ. Initiate completion and signing of the RCZ renewal form 4 weeks prior the target submission date.

#### 10. Interim Submissions

#### 10.1 AMENDMENTS

#### General Guidance

In cases where there is a change to be necessitated to the original application package submitted for regulatory review, an
application for amendment should be submitted to IRBs/ Regulatory Authorities before the changes can be implemented.
However, changes which need to be effected immediately for the safety and wellbeing of the participant can be implemented
before approval by regulatory bodies but this should be reported forthwith to regulatory bodies detailing the nature of the

amendment and justification for effecting changes before approval (refer to <a href="http://www.mrcz.org.zw/faqs/">http://www.mrcz.org.zw/faqs/</a> and MCAZ guidelines Revision 1 dated June 2020).

- Documents affected by the amendment need to be submitted (these can be the protocol, Informed Consent Forms, Data Collection Tools, addition of Data Collection Tools etc.)
- Where an amendment is received while the parent protocol initial application is still under review, the amendment can be submitted to IRBs/ Regulatory Authorities. However, the approval date of the amendment should not precede the initial application approval date.
- All amendments should be submitted in real time to JREC, MRCZ as well as MCAZ and NBAZ where applicable.
- Application for risk designation should be made for JREC and MRCZ only
- Consult the fee schedules for processing of payments
- · If allowable, expedited review can be applied for.

Table 5 (Amendment Applications):

Regulatory Body	Required documents	Meeting dates	Submission process	Response turnaround	Comments
IBC	<ul> <li>Cover letter</li> <li>Amendment description</li> <li>Revised documents</li> </ul>	N/A Protocols reviewed on a rolling basis when submitted	Electronic/Hard copy	4-6 weeks	
NBAZ	<ul> <li>Cover letter</li> <li>Amendment         Description     </li> <li>Revised         documents     </li> </ul>	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	4-6 weeks	Do not submit amendment applications for protocols which are no longer actively administering or preparing study product
UCSF CHR	Amendment Form     Revised     documents	N/A	Electronic	8 weeks	Trials being conducted in response to a health emergency qualify for expedited review following set guidelines.
JREC	<ul> <li>Application letter</li> <li>Application form</li> <li>Revised         documents</li> <li>Request for risk         designation for         studies enrolling         minors</li> <li>Application fee</li> </ul>	Protocols reviewed on a rolling basis when submitted	Hard copy/Electronic submission	3-4 weeks	Trials being conducted in response to a health emergency qualify for expedited review following set guidelines.
MRCZ	Same as for JREC	Last Thursday of every month	Email/hard copy submission	4-6 weeks	Trials being conducted in response to a health emergency qualify for expedited review following set guidelines.
MCAZ	<ul><li>Cover Letter</li><li>Amendment Form</li><li>Revised documents</li></ul>	1st Wednesday of every month	Online application/hard copy	4-8 weeks	Trials being conducted in response to a health emergency

					qualify for expedited review following set guidelines.
RCZ	Amended documents submitted at the point of Annual Renewal for their Information	Last Thursday of every month	Hard copy submissions	4- 6 weeks	This is a submission for RCZs noting and not approval before implementation

#### 11. Termination and Close-Out

#### General principle

- To terminate IRB and Regulatory authorities' approval, all research related to protocol must have ceased, including participants
  enrollment, participants follow-up, and work with identifiable information related to the study participants, including medical or
  research records and data analysis utilizing identifiable data collected from study participants.
- . If protocol is still at the data analysis stage, valid IRBs and applicable regulatory approval letters are required.
- Completed termination form/close-out form and final comprehensive report to include: Dissemination plan or report if it has already been carried out, and a list of publications from the study. This should be done within 30 days of study close out.

Table 6 (Study Close-out)

Regulatory Body	Required documents	Meeting dates	Submission process	Comments
IBC	<ul> <li>Cover letter</li> <li>Progress report</li> <li>List of Publications</li> <li>Results dissemination plan</li> <li>Biosafety Incident log</li> </ul>	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	
NBAZ	Cover letter     Study report     Destruction certificates of remaining products	N/A Protocols reviewed on a rolling basis when submitted	Electronic/hard copy submission	
UCSF CHR	Cover letter     Study report if available     Study publications if available	N/A	Electronic	
JREC	<ul> <li>Application letter</li> <li>Close out Application form</li> <li>Publications if available</li> </ul>	Protocols reviewed on a rolling basis when submitted	Hard copy/Electronic submission	Forms can be accessed from www.jrec.uz.ac.zw
MRCZ	Same as for JREC	Last Thursday of every month	Email/hard copy submission	Forms can be accessed from www.mrcz.org.zw
MCAZ	<ul><li>Cover Letter</li><li>Close Out Report</li><li>Publications available</li></ul>	1st Wednesday of every month	Online application/hard copy	

RCZ	<ul> <li>Cover letter</li> <li>Close out Form</li> <li>Publications available</li> <li>Destruction certificates of samples outside Zimbabwe</li> </ul>	Last Thursday of every month	Hard copy submissions	Forms can be accessed from www.rcz.ac.zw
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# 12. IRB/Regulatory Authority Contact Details and Fees

# Table 7 (Regulatory contact details and fees)

Regulatory Body	Address & Contact Details	Fees Schedule
MoHCC, Chitungwiza or Harare City Council, Spilhaus	Check address for relevant committee	Contact the body directly
UCSF IRB	Human Research Protection Program & IRB  3333 California St., Suite 315 San Francisco, CA 94118, USA  Website: https://irb.ucsf.edu/ Email: irb@ucsf.edu Tel: 1-415-476-1814	No fees are charged for UCSF investigators
JREC	The Chairman JREC Office #4, 5th Floor, Health Sciences Building. e-mail jrec.office@gmail.com jrec@medsch.uz.ac.zw website www.jrec.uz.ac.zw Tel: +263-4-791631/ 708127/707707/730553	Initial Application  ➤ Normal review \$100 USD  ➤ Expedited review USD 200  Renewal Application  ➤ Normal review \$50USD  Penalty for late renewals  ➤ \$50USD  Amendment Application  ➤ USD75
MRCZ	The Chairperson Medical Research Council of Zimbabwe Josiah Tongogara and Mazowe Street PO Box CY573 Causeway Harare Tel: +263-242-791792/ 791193/792747, Telefax: +263-242-253979 Website: www.mrcz.org.zw	Initial Application  ➤ Normal review -\$500USD  ➤ Expedited review - \$1000USD  ➤ 1% of study budget levy fee  Annual Renewal & Amendments  ➤ Normal review - \$100USD  ➤ Expedited review -\$200USD  Shipment of non-research samples  ➤ \$20 USD
MCAZ	The Director General Medicines Control Authority of Zimbabwe 106 Baines Avenue Harare Tel: 263-242-736981-5, 708255/792165, 2901327-31, 0772 145 191/2/3 E-mail: mcaz@mcaz.co.zw	Protocol Administration Fees  a) Refer to fee schedule on MCAZ website:  http://www.mcaz.co.zw/index.php/downloads/categor y/26-fee-schedule

Regulatory Body	Address & Contact Details	Fees Schedule
	Website: www.mcaz.co.zw	
IBC	The Director University of Zimbabwe College of Health Sciences Research Support Center P.O Box A 178 Avondale Harare Tel:- +263 242 708020	
NBAZ	The CEO NBAZ 21 Princess Drive Newlands Harare Tel: +263-242 -782155, 782167, 782856/9 E-mail: marketing@nba.ac.zw / enquiries@nba.ac.zw / nba@nba.ac.zw Website: http://www.nba.ac.zw	Use CTRC negotiated rates (letter from NBAZ dated 01 February 2018)  Initial application \$1500  Amendment \$300  Annual Renewal \$500  Non-compliance \$1000
RCZ	The Executive Director Research Council of Zimbabwe 11 Stafford Road Mt Pleasant Harare Email: secretary@rcz.ac.zw, website: www.rcz.ac.zw	Initial & Renewal Applications:  PI registration only - \$500 USD  PI registration & one STA - \$500USD (\$500 for any additional STA)  Penalty - \$500 per month after expiry of PI registration

## 13. Regulatory Communication Documentation, Storage and Retention

Please refer to the current Document and Specimen Storage , Retention and Disposal SOP.

## LIST OF APPENDICES

APPENDIX 1: JREC INITIAL APPLICATION CHECKLIST (COORDINATOR)

DOCUMENT	MARK ONCE AVAILABLE
Shona and English Consent Forms where necessary	
Shona and English Questionnaire where necessary	
Approval letters from Clinical Directors-Parirenyatwa, Harare or Chitungwiza Hospitals	
A covering letter from the researcher	
A completed JREC application form signed and dated	
Clinical Trial Application Form	
A Full protocol	
A Protocol Summary (if main protocol is more than 5 pages)	
Researchers'/ Investigator(s) curriculum vitae (signed, and dated)	
*All supplemental material (e.g. questionnaires and other assessment tools)	
Permission from the institution where the research will be done	
*The most recent investigators brochure for clinical trials	
*An itemized budget	
*Any other relevant correspondence	
*Any other supplemental material necessary for the decision-making process	
INSTRUCTIONS	
Mark all boxes once available	
All documents with an asterisk (*) if unavailable mark N/A	
PI or designee date	
checked and signed at CRO	

# APPENDIX 2 MRCZ INITIAL APLICATION CHECKLIST (COORDINATOR)

DOCUMENT	MARK ONCE AVAILABLE
Completed MRCZ application form	
Clinical Trial Application Form	
Research proposal summary (maximum 4 pages)	
Full research proposal and an electronic version as well. (includes LoAs and CMs)	
Informed consent forms: English & Vernacular Versions (Appropriate vernacular language)	
Data Collection Tools (English and Shona) If available	
Recruitment Materials (English and Shona) if available	
CVs for the P.I and Co-Investigators	
PI GCP certificates	
Pl application/Cover Letter	
JREC approval/Submission	
Drug brochure or supplementary information if applicable.	
Permission letter from head of institution where data is to be collected (For research in schools, a letter from ministry of Education is a requirement).	
Proof of funding on Sponsor's Letterhead	
INSTRUCTIONS  NOTE THAT ONCE ALL BOXES HAVE BEEN MARKED THE PACKAGE IS READY FOR REVENERS.	/IEW AND FINAL SUBMISSIO

# APPENDIX 3

DOCUMENT	MARK ONC AVAILABLE
Cover Letter	
Application fee	
Copies of letters applying for ethics committee approvals	
Clinical Trial Application Form	
Fully completed Application form (MC 10) to be submitted in triplicate	
All documents and electronic copies to be submitted in duplicate	
Final version of the Clinical Trial Protocol including relevant questionnaires	
Patient Information Leaflet and Informed Consent Form	
Investigators Brochure and /or Package Insert	
Signed investigator(s) CV (s) in required format	
Signed Declaration by Principal investigator (s)	
Signed Joint Declaration by Sponsor/National Principal Investigator	
Signed declaration by Co-or Sub-investigators	
Signed declaration by regional monitor and/ or study coordinator	
Pharmacy Plan for the local trial site	
MCAZ Pharmacy License	
Indemnity and Insurance Certificate and/or letter endorsing generic insurance certificate	
Copies of recruitment advertisements if applicable	
Ethics Committee (s) approval in country of origin and local MRCZ approval/Proof of Submission	
Proof of approval of study by the National Regulatory Authority in country of origin	
Electronic versions of the application form plus all the relevant protocol materials on CD or flash drive.	
Financial Declaration by sponsor and Principle Investigator	
Proof of provision of Data and Safety Monitoring Board/Committee	
Proof of application to the local Bio Safety Board for biological products e.g. Vaccines	
Abbreviated pharmaceutical dossier for a new investigational drug (IND) product including stability data generated from 3 batches to support the shelf life claim and storage conditions.	
(N.B) if study products are generic products not yet registered and specifically manufactured as 'trial batches' for the study then a pharmaceutical dossier is also required.	

## IN

ISTRUCTIONS	
NOTE THAT ONCE ALL	BOXES HAVE BEEN MARKED THE PACKAGE IS READY FOR REVIEW AND FINAL SUBMISSION TO
MCAZ	
	PI or designee date

\_checked and signed at CRO

#### APPENDIX 4 RCZ Checklist

Document	MARK ONCE AVAILABLE
Application letter from Institution of Affiliation	
MRCZ Cover letter	
Valid MRCZ approval letter	
RA1(registration) & RA2 (renewal)	
Clinical Trial Application Form	
Proof of funding	
PI and Co-investigators' CVs	
Study summary	
Study protocol	
English & Shona informed consent forms	
Questionnaire if applicable	
Research report if application is for renewal	
Current registration certificate if application is for renewal	
GCP certificate	
Temporary Employment Permit where applicable	
Identification Documents if applicant is a Permanent Resident	
Proof of payment of RCZ registration fee	
To be completed if application is for shipment of bio-specimens.	
Application letter from Institution of Affiliation	
MRCZ Cover letter	
Valid MRCZ approval letter	
Valid RCZ registration certificate if study is registered	
Specimens Transfer Agreement form (This should be submitted without alterations)	
Shipment Logs if shipment application is for renewal	
Employee verification letter if recipient(s) have not provided their National ID Numbers	
Study summary	
Study protocol	
English & Shona informed consent forms	
PI CV and GCP certificate	
Stated finite date of destruction of left over bio-specimen in annexure III	
Commitment to avail a copy of the record of destruction within two months of date stated above	

#### APPENDIX 5

#### INTERIM SUBMISSIONS

DOCUMENT		UCSF	JR	MRC	MCA	RC	SPON	NBAZ	REPORTING	Documents
1. (LoA)	Letter of Amendment	IRB YES	YE S	<b>Z</b> YES	<b>Z</b> YES	Z N/A	SOR N/A	Yes	TIME FRAME  ≤5 working days of receipt	required Refer to table 5
2.	Risk designation	YES	YE S	YES	N/A	N/A	N/A	N/A	When applying for new study, annual renewal and amendments	Cover letter
<ol> <li>Zimbabi samples</li> <li>4.</li> </ol>		N/A YES	N/ A	Yes	N/A YES	N/A YE	N/A	N/A Yes	When shipment is due  ≤30 days from	Cover letter describing sample to be shipped, destination laboratory and justification Refer to table 5
			S			S			receipt, annually to RCZ	
(CM)	Clarification MEMO	YES	YE S	YES	YES	N/A	N/A	Yes	≤5 working days of receipt	Cover letter Clarification Mem
6.	DSMB report/s	YES	YE S	YES	YES	N/A	N/A	N/A	≤5 working days.	Cover letter DSMB Report
7.	Safety MEMOs	YES	N/ A	YES	YES	N/A	N/A	N/A	≤3 working days of receipt	Cover letter Safety Memo
	Adverse Event report/s	YES	N/ A	YES	YES	N/A	YES	N/A	Unless exemption is granted, ≤7 working days of site awareness to MRCZ and MCAZ. SAE log also submitted annually to MRCZ and JREC	Cover letter AE report  NB: For MCAZ submit via online platform https://e- pv.mcaz.co.zw/
9. report/s	Serious Adverse	YES	N/ A	YES	YES	YE S	YES	N/A	≤3 working days of site awareness to MRCZ and MCAZ. SAE log also submitted annually to MRCZ and JREC	Cover letter AE report  NB: For MCAZ submit via online platform https://e- pv.mcaz.co.zw/
10. events r	Expedited adverse eport/s	YES	N/ A	YES	YES	N/A	YES	N/A	≤3 working days of awareness	Cover letter AE report NB: For MCAZ submit via online

11. Protocol deviations	YES	YE S	YES	YES	N/A	YES	N/A	≤7 working days of awareness to MRCZ, MCAZ	platform https://e- pv.mcaz.co.zw/ Cover letter PD report
12. Protocol violations	YES	YE S	YES	YES	N/A	YES	N/A	≤ 3 working days of site awareness	Cover letter PD report
13. Initial Investigator Brochure 14. Updated investigator's brochure/ package inserts	YES	YE S N/ A	YES	YES	N/A	YES N/A	N/A N/A	≤30 days from receipt	Cover letter Initial Investigator's Brochure Cover letter Updated Investigator's Brochure
15. Updated/revised informed consent forms	YES	YE S	YES	YES	N/A	YES	YES	Prior to implementation	Cover letter Revised ICFs
16. Updated/revised recruitment materials	YES	YE S	YES	YES	N/A	YES	N/A	Prior to implementation	Cover letter Revised recruitment materials
17. Shelf life Extension of a drug	N/A	N/ A	YES	YES	N/A	N/A	N/A	≤ 7 working days of receipt	Cover letter Stability data for the product
18. Study Implementation materials	Yes	Ye s	Yes	Yes	N/A	N/A	N/A		Cover Letter Study Implementation materials
19. Pl/Investigator of Record changes	N/A	YE S	YES	YES	YE S	YES	N/A	Prior to implementation	Cover letter Amendment form/Change in PI Form CV and GCP for new Investigator Acceptance of role by new Investigato
20. Study extension	N/A	YE S	YES	YES	YE S	N/A	N/A	Prior to current approval expiry	Cover letter Extension application form
21. Study Close out	YES	YE S	YES	YES	YE S	YES	YES	Prior to approval expiry	Cover letter Close out Form Study report (if available) Study publications
22. Withdrawal of Application before implementation	YES	YE S	YES	YES	YE S	YES	YES	≤ 14 working days of notification	Cover letter Withdrawal form if available

Note: For Adverse Events and Serious Adverse Events, only submit to UCSF IRB if the event is related to study participation. Safety memos will be submitted to UCSF IRB on a case-by-case basis; contact the UCSF Research Coordinator.

In cases where sites are not sure if a submission is supposed to be made, kindly consult the individual regulatory bodies for guidance

#### Appendix 6 Template letter to request for additional documents

Dear Protocol Team,

We are in receipt of protocol version [X.0] for [protocol title] and look forward to implementing this project at our site. For the local team to complete regulatory submissions efficiently, we request your assistance to source additional documents.

These documents are specified in the attached checklist which we will use to track our progress in receiving them.

Once again, we thank you for this opportunity to work with you.

Revision History:	Version	Effective Date	Description		
	7.0	30 October 2020	Version 7.0		